

HOUSEHOLD EMERGENCY CHECKLIST

WHAT YOU WILL NEED TO GET THROUGH

EMERGENCY SURVIVAL ITEMS

- Torch with spare batteries or a self-charging torch
- Radio with spare batteries
- Wind and waterproof clothing, sun hats, and strong outdoor shoes
- First aid kit and essential medicines
- Blankets or sleeping bags
- Pet supplies
- Emergency toilet - toilet paper and large rubbish bags
- Face and dust masks

Check all batteries every 3 months.

FOOD AND WATER FOR 3 DAYS OR MORE

- Non-perishable food (canned or dried food)
- Food, formula and drinks for babies and small children
- Water (at least 3 litres per person, per day) for drinking
- Water for washing and cooking
- A primus or gas barbeque to cook on
- A can opener

Consider stocking a two-week supply of food and water for prolonged emergencies such as a pandemic. Check and replace food and water every twelve months.

HOW TO STORE WATER

- Wash bottles thoroughly in hot water. Fill each bottle with tap water until it overflows. Add five drops of household bleach per litre of water (or half a teaspoon for 10 litres)
- Store in a cool dark place and replace the water every 12 months

GETAWAY KITS

Everyone in the house should have a packed getaway kit in an easily accessible place which includes:

- Torch and radio with spare batteries
- Hearing aids and spare batteries, glasses or mobility aids
- Emergency water and easy-to-carry food rations
- Extra supplies of special dietary items
- First aid kit and essential medicines
- For infants or young children – formula and food, nappies
- Change of clothes (wind/waterproof clothing and strong outdoor shoes)
- Toiletries – towel, soap, toothbrush, sanitary items, toilet paper
- Blankets or sleeping bags
- Face and dust masks
- Pet supplies
- Important documents:
 - Identification (birth and marriage certificates/driver's licences and passports)
 - Financial (insurance policies and mortgage)
 - precious family photos

IF WE HAVE TO EVACUATE WE WILL:

- Take our Getaway Kit
- Turn off electricity and water
- Turn off gas only if we suspect a leak or if asked to do so by the authorities
- Take our pets with us

For more information visit the Civil Defence Emergency Management Office at your nearest council or

www.getthru.govt.nz

PRODUCED BY THE MINISTRY OF CIVIL DEFENCE AND EMERGENCY MANAGEMENT

**GET READY
GET THRU**

